REJUVENIQE™ Oil Intensive is a light, non-greasy combination of rare oils that, because of its unique molecular structure, mimics the body’s own oils to absorb more deeply and moisturize more effectively.

101 USES

Knowing how to use REJUVENIQE™ Oil Intensive matters. In most cases, a few drops is all you need, in others, more is better. Nonetheless, it is beneficial to apply it thoroughly onto the targeted areas – skin, scalp and hair. The more and longer you use REJUVENIQE™ the quicker the desired results will be.

Whether you’ve used oils in the past or not, you’ll be amazed at REJUVENIQE™’s exceptional results and how wonderfully your skin and hair will look and feel after just a few applications.

Here is the REJUVENIQE™ 101 Suggested Uses guide to help you begin using REJUVENIQE™ in your daily routine. ENJOY!

HAIR

REJUVENIQE™ helps reduce frizz, correct split ends, and restore unprecedented shine and manageability. Use it before and after washing your hair, as a treatment for balancing the pH of your scalp, and to help provide a healthy environment for new hair growth.

Before washing your hair:
1. DEEP TREATMENT: Apply all over scalp and hair, wrap in a warm towel for 30 minutes; wash as usual.
2. FINE OR THINNING HAIR? Apply all over scalp and hair and leave on for 5 minutes; rinse with clear water and style as usual.
3. INTENSE TREATMENT: Apply all over scalp and hair, cover with a hair cap, and leave on overnight.
4. For longer-lasting, brighter hair color, add a few drops to color formula.
5. SPLIT ENDS REPAIR: Help repair and protect split ends, applying to just ends, wrapping in plastic wrap and leaving on for 30 minutes daily for one week. (You can also use heat to intensify the treatment.) Wash out or leave in.

After washing your hair:
6. Apply to towel dried hair, detangle and de-frizz with a wide-tooth comb; wait 5 minutes before styling as usual.
7. Protect the hair from heat damage and give it superb shine by applying a few drops all over hair before blow-drying.
8. Return the shine by applying to ends only while hair is wet; style as usual.
9. Give your hair a moisture injection by blending a few drops into MONAT’s Restore Leave-In Conditioner and applying all over; style as usual.
10. Define curls and strengthen bounce by applying all over hair and scrunching with a towel (do not rub).
11. Prevent flyaways and help protect from damage by applying a few drops all over hair before braiding for a flawless look.
12. Get rid of flyaways by rubbing a few drops between your hands and smoothing over dry hair; lightly pat all over head for even longer-lasting flyaway control.
13. Get cool surfer hair by combining a tablespoon of REJUVENIQE™ with one teaspoon of sea salt and one tablespoon of Restore Leave-in Conditioner in a cup of water; shake up in a spray bottle and apply all over hair.
14. Protect your hair against chlorine damage and/or salt water dryness by applying all over hair before swimming.
15. Protect your hair from sun damage by applying before swimming.
16. Get a healthier and intense shine by using instead of harmful silicone products.
17. Add just the right amount of oil to your hair without overwhelming it by soaking a wooden comb in REJUVENIQE™ for a day, letting it dry, and using it each time you comb your hair.
18. Avoid skin stains while coloring your hair by rubbing around your ears, neck and hairline.
SCALP

19. Moisturize your already healthy scalp by massaging in thoroughly for 15 minutes; shampoo and condition as usual.
20. Nourish and hydrate your dry scalp by massaging in and leaving on until next wash.
22. Help decrease symptoms of dandruff by massaging onto entire scalp at night; wash in the morning.
23. Help hydrate dry, and flaky prone skin by applying directly to affected areas with a cotton ball or pad.

FACE

24. Get extra hydration by blending a few drops into moisturizer before applying.
25. Get around-the-clock supple skin by applying morning and night.
26. Smooth the skin and help increase its elasticity by applying directly on wrinkles.
27. Hydrate and reduce dark circles by massaging one drop under eye areas.
28. Reduce morning puffiness by applying one drop under eye areas before going to sleep.
29. Smooth and tame eyebrows, rubbing one drop between your index fingers and applying on each.
30. As a lipstick primer, apply to lips before your lipstick.
31. As an effective lip moisturizer, apply to lips daily in place of lip balms.
32. Help lock-in makeup all day, adding a few drops to your liquid foundation.
33. Make your own exfoliating lip and facial scrub by mixing with sugar or baking soda.
34. Soothe and help lessen symptoms of cold sores.
35. Soften and help minimize the appearance of scars.
36. Soothe and help protect sensitive skin due to rosacea.
37. Set for an all day finish and give skin a natural glow by patting it on the face on top of your makeup.
38. Help relieve acne breakouts and balance skin’s natural oils.
39. Improve elasticity and texture of mature skin.
40. Lubricate young skin and prevent loss of elasticity.
41. Protect face from urban influences.
42. Use as a makeup remover.
43. MEN: Nourish the skin beneath the mustache and beard by rubbing it in as a conditioner.

BODY

44. Deeply moisturize dry, rough areas such as elbows, knees, heels, and nail cuticles by applying freely.
45. Hydrate your dry skin, applying before getting into the shower.
46. Lock-in moisture by applying on damp skin after showering.
47. Make your own invigorating body scrub by mixing with salt, sugar or baking soda.
48. Get softer skin by mixing in your bath for a relaxing spa experience.
49. Increase circulation and reduce the appearance of cellulite by firmly massaging onto problem areas, such as thighs and buttocks.
50. Help relieve itching by rubbing on insect bites.
51. Prevent rough, saggy skin by applying to and around the knees daily.
52. Prevent nostril dryness, particularly on long flights, by dabbing on the inside of nostrils.
53. Protect your skin from dehydration in chlorine or salt water by applying before swimming.
54. Moisturize and soften dry or cracked nipples.
55. Help relieve back aches, and stiffness by mixing with heat treatment creams and rubbing in gently.
56. Help relieve the symptoms of dry, itchy, scale areas.
57. Soften stretch marks and restore skin elasticity.
58. Apply as a deodorant and dab baby powder on as antiperspirant.
59. Help relieve itch from hives.
60. Aid the fading process of birth marks.
61. Get protection from wind burn by applying to ears before going out into the cold.
62. Apply to tattoos to keep skin hydrated and keep color from fading.

HANDS

63. Avoid breakage of nails and cuticles by rubbing on twice daily.
64. Prepare your nails before a manicure by soaking them in warm REJUVENIQE™.
65. Restore your hands’ moisture by applying after each washing.
66. Protect nails and cuticles from losing their moisture by applying and leaving on for 5 minutes before getting into the shower.
67. Help nail polish dry faster and avoid chipping by applying on freshly painted nails.
68. For a deep hydrating treatment, apply to hands and place in gloves overnight.
**FEET**

69. Deeply nourish the skin by applying to feet and toes twice a day.
70. Wake up with softer, smoother feet by applying and covering with socks before bedtime.

71. Hydrate your soles and heels after pumicing.
72. Help smooth calluses by massaging in a few drops daily.
73. Instantly disguise—and deeply moisturize—embarrassing dry feet on the beach by rubbing a few drops before wearing sandals.
74. Help reduce friction from shoes by applying to feet before putting on socks daily.

**SHAVING**

75. Use as a shaving cream substitute.
76. Help your razor glide more easily and avoid cuts by adding it to your favorite shaving cream.

77. Soothe and prevent razor burn by applying after shaving.
78. Help remove wax residual and soothe the skin by applying after waxing.

**SUN**

79. Keep skin well-hydrated by adding a few drops to your sunscreen.

80. Soothe and relieve heat by applying a generous amount to sun exposed skin.
81. Lighten and help restore skin’s natural color by applying on brown spots and sun damage.

**MASSAGE**

82. Massage your whole body with a generous amount (it won’t leave any unwanted greasy feeling afterwards).
83. Prepare the skin before a massage by applying all over your body.

84. Help stimulate and loosen tension by rubbing into sore muscles during deep tissue massage.
85. Help relieve stiffness by rubbing onto back of neck.
86. Help relieve tension by rubbing gently on temples.

**HOME REMEDIES**

87. Revive old, thickened nail polish by adding just one drop into nail polish flask.
88. Prevent chaffing by applying under bra straps.
89. Revive your dried-out mascara by mixing one drop in your mascara tube.
90. Use to clean mascara brush.
91. Get gum out of hair without breakage.
92. Help repel mosquitoes and other insects by applying before going outdoors.
93. Help soften earwax by placing a drop in each ear.
94. Soften and protect your puppy’s paws.

95. Soothe and rehydrate your dog’s dry nose.
96. For a natural decongestant, mix with menthol and rub on chest and nostrils.
97. Help relieve nausea by mixing with peppermint and inhaling deeply.
98. Help fragrances stay on longer by applying a dab behind the ears and pulse points before spraying on perfume.
99. Use as a natural fragrance or perfume.
100. As an enticing aphrodisiac, mix with a little cinnamon and vanilla and massage all over.
101. Balance your spirit, replenish your good vibes, and calm mental fatigue simply by warming it up in a diffuser as an aromatherapy oil.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease. Consult a physician if you have any of the conditions mentioned above.*